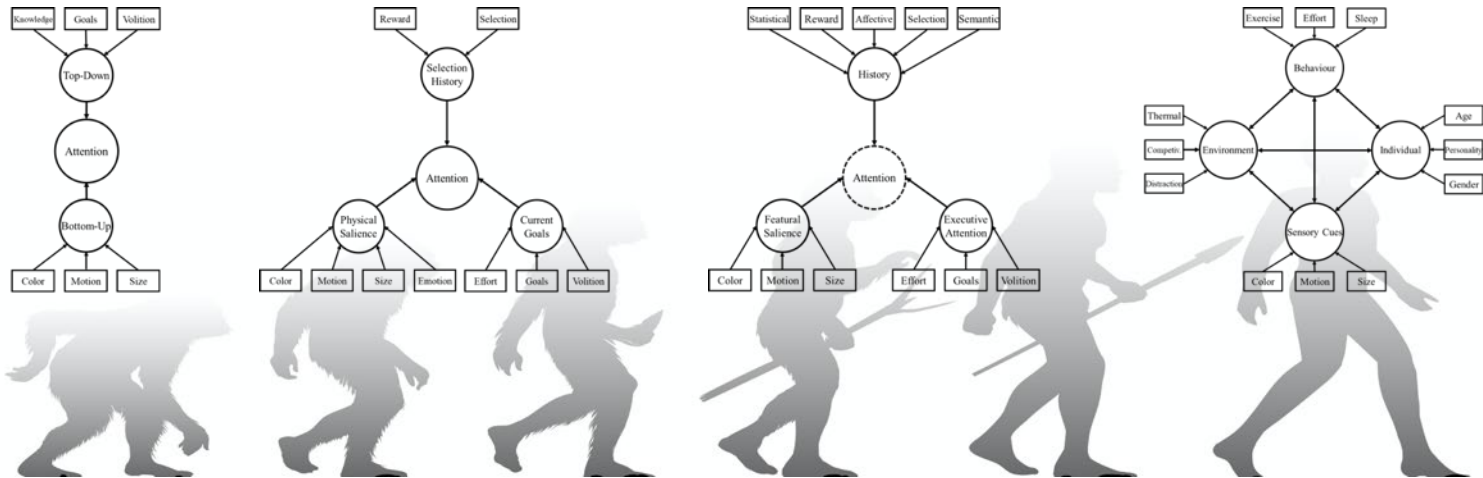


## The evolution of attention informs, and is informed by, studies of athletics.



***Athletics and attention: Bi-directional influences in the lab and on the field*** examines bi-directional relations between athletics and attention. An introduction summarizes how attention is measured in the lab and the sports literature is examined to see how athletics influences these measures. The attention and sports literatures are then compared on personal practices such as exercise and sleep, environmental factors such as heat and competition, and enduring traits such as personality and gender. These data are situated in the ever-evolving theories of attention, to advance the idea that research in athletics and attention are each stronger when they refer to one another.

Image credit: <https://www.freepik.com/vectors/people>

Source: Kozik, P., & Enns, J. T. (2021). Athletics and attention: Bi-directional influences in the lab and on the field. *Current Issues in Sport Science (CISS)*: 002. <https://doi.org/10.36950/2021ciss002>