

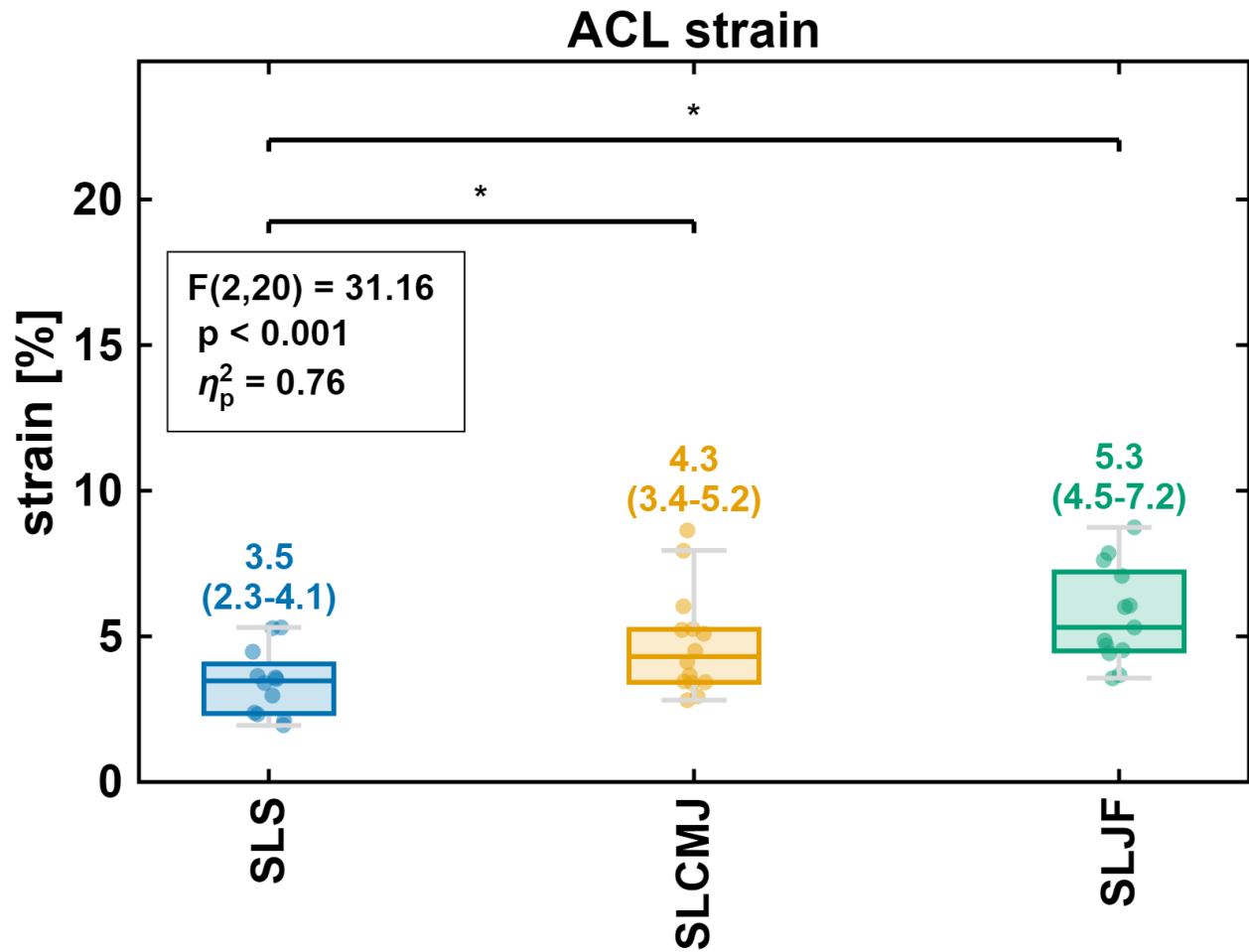


Figure 1: Median ACL strain for single-leg squat (SLS), single-leg countermovement jump (SLCMJ) and single-leg jump forward (SLJF). The statistical results for the repeated measures ANOVA are displayed in the box and for the post hoc test above the lines for each comparison. * means significant different strains between tasks ($p < 0.017$).