

# Scoring in the Finnish ice hockey Liiga during the 2023-2024 regular season (n=2454)

**AIM:** to find out how the goals are scored at the top level

## RESULTS:

### Goal distribution:

**5 vs. 5 (63%)**

### Goals scored most often from:

- offensive zone board play
- offensive zone turnovers
- defensive zone fast breakouts
- defensive zone counterattacks

**5 vs. 4 Power play (21%)**

- offensive zone board play

**Other situations (16%)**

- 5 vs. 6 empty net
- shootout
- 4 vs. 5
- 3 vs. 3 overtime

## FINDINGS:

- Board play in the offensive zone, is a crucial tactical aspect of scoring goals, both during even strength and power play situations.
- Another key factor for scoring is being active and recovering the puck as close to the opponent's goal as possible.
- Additionally, quick transitions are essential for scoring. When teams use fast attacks and counterattacks, the opponent doesn't have time to organize their defense, making it easier to score goals.