

**Figure 1** Rehab time, exposure and injury risk Adjusted exposure: Cumulative exposure within the 28-day period, weighted for match vs training exposures and adjusted for eventual time loss due to a subsequent injury.

Scaled time loss: Observed time between injury and return to play are scaled within diagnosis using a robust scaling approach. Specifically, scaled rehab times are calculated by dividing the difference between the observed time loss and the within-diagnosis median by the within-diagnosis interquartile range.